

## Program of the International Youth Camp "Slovakia 2018" in Prievidza

Date	Details	Training	Education's workshop	Fun activities
<b>August 22nd (Wednesday)</b>	<b>Arrivals</b> Dinner Technical meeting			
<b>August 23rd (Thursday)</b>	Breakfast <b>Morning Training</b> Lunch Relaxation <b>Afternoon Training</b> Education Dinner	<b>Boccia trainings</b> morning at 10.30 - 12.30 afternoon at 04.30 - 6.30 pm <b>Table Tennis trainings</b> morning at 08.30 - 10.30 afternoon at 02.30 - 04.30 pm	Training and disbalance of the musculature Nutrition for athletes	Swimming pool
<b>August 24th (Friday)</b>	Breakfast <b>Morning Training</b> Lunch Relaxation <b>Afternoon Training</b> Education Dinner	<b>Boccia trainings</b> morning at 10.30 - 12.30 afternoon at 04.30 - 6.30 pm <b>Table Tennis trainings</b> morning at 08.30 - 10.30 afternoon at 02.30 - 04.30 pm	Coach analysis of trainings	Castle and ZOO
<b>August 25th (Saturday)</b>	Breakfast <b>Tournament</b> Lunch Visit the local attraction Dinner After Party with ceremony	<b>Final Tournaments</b> in Boccia In Table Tennis		After Party
<b>August 26th (Sunday)</b>	Breakfast <b>Departures</b>			