

Program of the International Youth Camp "Slovakia 2018" in Prievidza

Date	Details	Training	Education's workshop	Fun activities
August 22nd (Wednesday)	Arrivals Dinner Technical meeting			
August 23rd (Thursday)	Breakfast Morning Training Lunch Relaxation Afternoon Training Education Dinner	Boccia trainings morning at 10.30 - 12.30 afternoon at 04.30 - 6.30 pm Table Tennis trainings morning at 08.30 - 10.30 afternoon at 02.30 - 04.30 pm	Training and disbalance of the musculature Nutrition for athletes	Swimming pool
August 24th (Friday)	Breakfast Morning Training Lunch Relaxation Afternoon Training Education Dinner	Boccia trainings morning at 10.30 - 12.30 afternoon at 04.30 - 6.30 pm Table Tennis trainings morning at 08.30 - 10.30 afternoon at 02.30 - 04.30 pm	Coach analysis of trainings	Castle and ZOO
August 25th (Saturday)	Breakfast Tournament Lunch Visit the local attraction Dinner After Party with ceremony	Final Tournaments in Boccia In Table Tennis		After Party
August 26th (Sunday)	Breakfast Departures			